

Things We've Learned Since Having Triplets

- * Life moves quickly; make sure to take the time to stop and enjoy the simple pleasures of every day.
- ** Never take a moment of sleep for granted.
- * Good things also happen in 3's.
- ** Adults somehow forget how to smile with their whole being. Watching a baby smile with their whole spirit is refreshing and adults should practice it often.
- ** Life might be hard at times, but remember the little things (a clean diaper, a little play time, a full tummy) and you will be fine.
- ** Christmas is a magical time at any age. Enjoy the magic of the season, and don't get caught up in the stress.
- ** Mushed up bananas just might be the best thing in the world.
- ** Crying is sometimes an excuse to get someone to do nothing but hold and cuddle someone else (couldn't we all use more of these moments in our lives?).
- ** When confronted with extraordinary circumstances, you can do extraordinary things.
- ** The only sound greater than that of a baby's laughter is hearing it in triplicate.
- ** You can love someone with such ferocity that it hurts.
- ** Having a child is the closest to God that you can get in this life.
- ** Regurgitation, drool and poop aren't really that disgusting.
- ** We do not use our bodies to their full potential. Hips, toes, knees and shoulders are all capable of filling in for a third or even fourth arm in time of need.
- ** Eating food while it is hot is a luxury.
- ** Most people do not realize the incredible ordeal that we endured to be blessed with three healthy children. When they make comments such as "I'm glad it's you and not me" and "You sure are paying the price for those infertility treatments," they do not realize our situation. While it is true that life with triplets can be overwhelming at times, we are blessed with three miracles and we will never forget that, nor get angry with those who do not understand.
- ** Sometimes dreams actually do come true.

